



**Lunch Served 12 pm**  
**YOU MUST SIGN UP FOR LUNCH**  
**2 Days Advance!**



**MIDDLEBURG SENIOR CENTER**  
**MON thru FRI 9 am - 2 pm**  
**(904) 291-3520**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAYS**

<p>Activity Sheets, Puzzles, Brain Teasers, Adult Coloring, Board Games, Card Games Available Anytime!</p>	<p style="text-align: center;"><b>POOL ROOM AND EXERCISE ROOM OPEN DAILY 9 - 2</b></p>	<p><b>1 BINGO 10 -11:30</b> Learn Pinochle 12:30 - 2 <b>TRIPOLI 12:30</b> <b>GARDEN CLUB 9-10</b></p>	<p><b>2 Karaoke 10-12</b> <b>White Board Games 10 - 11:30</b> <b>Hand &amp; Foot 12:30- 3</b> Chair Exercise 12:30-1:30</p>	<p><b>3 TRIPOLI 10am</b> <b>BP Checks 10-12</b> Line Dancing w/Luann 10:45 - 12 <b>Arts/Crafts 1-3</b> <b>BINGO 1-3 PM</b></p>
<p><b>6 CLOSED In Observance</b> </p>	<p><b>7 Line Dance/w Carol INT. 9-10:40 BEG. 10:40-11:45</b> <b>Pokeno 1-3</b> <b>Arts/Crafts For Fall 1-3</b> Chair Exercise 12:30-1:30</p>	<p><b>8 BINGO 10 -11:30</b> <b>EHEAP - Katie 9-11</b> <b>TRIPOLI 12:30</b> Learn Pinochle 12:30 - 2 <b>GARDEN CLUB 9-10</b></p>	<p><b>9 Karaoke 10-12</b> <b>Learning Your Smart Phone Pt 2 w/Paul 10-12</b> <b>Hand &amp; Foot 12:30- 3</b> Chair Exercise 12:30-1:30</p>	<p><b>10 TRIPOLI 10am</b> Line Dancing w/Luann 10:45 - 12 <b>Arts/Crafts 1-3</b> <b>BINGO 1-3 PM</b></p>
<p><b>13 BINGO 10 -11:30</b> Hurricane Preparedness Devoted Health 11:45 <b>Popcorn &amp; A Movie 12:30</b> <b>GARDEN CLUB 9-10</b></p>	<p><b>14 Line Dance/w Carol INT. 9-10:40 BEG. 10:40-11:45</b> <b>Pokeno 1-3</b> <b>Arts/Crafts For Fall 1-3</b> Chair Exercise 12:30-1:30</p>	<p><b>15 BINGO 10 -11:30</b> <b>Nutrition ED 11:45 am</b> <b>Food Safety II</b> <b>TRIPOLI 12:30</b> Learn Pinochle 12:30 - 2 <b>GARDEN CLUB 9-10</b></p>	<p><b>16 Karaoke 10-12</b> <b>Haircuts &amp; Nails 10-12 (PLEASE SIGN UP)</b> <b>The Price is Right 10 - 11</b> <b>Hand &amp; Foot 12:30- 3</b> Chair Exercise 12:30-1:30</p>	<p><b>17 TRIPOLI 10am</b> Line Dancing w/Luann 10:45 - 12 <b>BP Checks 10-12</b> <b>Arts/Crafts 1-3</b> <b>BINGO 1-3 PM</b></p>
<p><b>20 BINGO 10 -11:30</b> How to make a DECO MESH Wreath 12:30-3 <b>GARDEN CLUB 9-10</b></p>	<p><b>21 Line Dance w/ Carol INT. 9-10:40 BEG. 10:40-11:45</b> <b>Hand Washing Demonstration w/Christine UF 12:30</b> <b>Pokeno 1-3</b> <b>Arts/Crafts For Fall 1-3</b></p>	<p><b>22 BINGO 10 -11:30</b> <b>TRIPOLI 12:30</b> <b>Visit w/Cruiser Ed's Therapy Dog</b> Learn Pinochle 12:30 - 2 <b>GARDEN CLUB 9-10</b></p>	<p><b>23 Karaoke 10-12</b> <b>White Board Games 10 - 11:30</b> <b>Hand &amp; Foot 12:30- 3</b> Chair Exercise 12:30-1:30</p>	<p><b>24 TRIPOLI 10am</b> <b>Hearing Aid Check 11-12</b> Line Dancing w/Luann 10:45 - 12 <b>Arts/Crafts 1-3</b> <b>BINGO 1-3 PM</b></p>
<p><b>27 BINGO 10 -11:30</b> <b>Arm Chair Travel</b> <b>AFRICA 12:30</b> <b>GARDEN CLUB 9-10</b></p>	<p><b>28 Line Dance w/ Carol INT. 9-10:40 BEG. 10:40-11:45</b> <b>Pokeno 1-3</b> <b>Arts/Crafts For Fall 1-3</b> Chair Exercise 12:30-1:30</p>	<p><b>29 BINGO 10 -11:30</b> <b>TRIPOLI 12:30</b> Learn Pinochle 12:30 - 2 <b>GARDEN CLUB 9-10</b></p>	<p><b>30 Karaoke 10-12</b> <b>White Board Games 10 - 11:30</b> <b>Hand &amp; Foot 12:30- 3</b> Chair Exercise 12:30-1:30</p>	

**\*\*Don't forget to check out this month's highlighted "Special Events/Programs"**

**Be sure to check the board to see any Center Updates!**

**Thursday 9/9 Learning Your Smart Phone Pt 2 w/Paul 10-12 Please sign up!**



**Site Supervisor  
Christine Pappas**

**Middleburg Senior Center  
3916 Section Street  
Middleburg, FL 32068**

