

April 2021



Monday	Tuesday	Wednesday	Thursday	Friday
			4/1	4/2
We care about you! Call 807-1257 to suspend or resume services			Glazed Ham Au Gratin Potatoes Italian Green Beans Dinner Roll Fudge Crème Cookie Milk Margarine	
4/5	4/6	4/7	4/8	4/9
Chopped Steak/Gravy Whipped Potatoes Peas and Carrots Wheat Bread Mandarin Oranges/Pears Milk Margarine	Honey Baked Chicken Whole Kernel Corn Okra and Tomatoes Dinner Roll Fresh Fruit Calcium Fortified OJ Margarine	Beef and Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine	Chicken Salad Garbanzo Bean Salad Lettuce/Tomato Pita Bread Fresh Fruit Calcium Fortified OJ Ranch Dressing	Turkey Ham/Macaroni and Cheese Black-eye Peas Turnip Greens Cornbread Rosey Applesauce Milk Margarine
4/12	4/13	4/14	4/15	4/16
Chicken Noodle Casserole Glazed Carrots Brussels Sprouts Wheat Bread Pineapple Tidbits Milk Margarine	BBQ Meatballs Delmonico Potatoes Garden Vegetables Wheat Bread Fresh Fruit Calcium Fortified OJ Margarine	Mushroom Chicken Northern Beans Mixed Greens Dinner Roll Fresh Fruit Milk Margarine	Lemon Pepper Fish Grits Country Vegetables Dinner Roll Fresh Fruit Calcium Fortified OJ Margarine	Hamburger Patty Baked Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Cobbler Milk Mustard/Catsup
4/19	4/20	4/21	4/22	4/23
Tomato Basil Chicken Whipped Potatoes Green Beans with Red Peppers Dinner Roll Mixed Fruit Milk Margarine	Cheese Omelet Grits Spinach Biscuit Fresh Fruit Calcium Fortified OJ Margarine Jelly	Savory Beef Casserole Green Peas Tossed Salad Wheat Bread Hot Spiced Apples Milk Margarine Ranch Dressing	Tuna Mac Salad Carrot and Raisin salad Potato Salad Saltines Crackers Fresh Fruit Calcium Fortified OJ	Beef Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce
4/26	4/27	4/28	4/29	4/30
Italian Mac Butter Beans Dilled Carrots Dinner Roll Pineapple Tidbits Milk Margarine	Lemon Pepper Chicken Whipped Sweet Potatoes Spring Vegetables Wheat Bread Fresh Fruit Calcium Fortified OJ Margarine	Pork Sausage Northern Beans Collard Greens Hot Dog Bun Tropical Fruit Milk Mustard	Chicken Rice Casserole Italian Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit Calcium Fortified OJ Margarine	Beef with Mushroom Gravy Garlic Whipped Potatoes Summer Vegetables Dinner Roll Fresh Fruit Milk Margarine

Meals on Wheels meals may contain one of more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat or Soybeans.