

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>12/1/2020</u> Cheese Omelet Grits Spinach Biscuit Mixed Fruit Orange Juice Margarine Jelly	<u>12/2/2020</u> Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Wheat Roll Fresh Fruit Milk Margarine	<u>12/3/2020</u> Tuna Mac Salad Cole slaw Green Pea Salad Saltines Fresh Fruit Orange Juice	<u>12/4/2020</u> Oven Fried Chicken Thigh Lima Beans Turnip Greens Corn bread Fresh Fruit Milk Margarine
	<u>12/7/2020</u> Beef Chili Mac Whole Kernel Corn Green Beans Saltines Dice Pears Milk Margarine	<u>12/8/2020</u> Chicken and Rice Casserole Broccoli Parmesan Tomatoes Dinner Roll Fresh Fruit Orange Juice Margarine	<u>12/9/2020</u> Lemon Pepper Fish Grits Country Vegetable Dinner Roll Fresh Fruit Milk Margarine	<u>12/10/2020</u> BBQ Chicken Thigh Field Peas Collard Greens Corn Bread Fresh fruit Orange Juice Margarine
<u>12/14/2020</u> Baked Chicken Breast With Gravy Garlic Whipped Potatoes Spring Vegetable Wheat Bread Tropical Fruit Milk Margarine	<u>12/15/2020</u> White beans with Turkey Ham Buttered Rice Squash and Tomatoes Dinner Roll Fresh Fruit Orange Juice Margarine	<u>12/16/2020</u> Creole Steak Hash brown Casserole Mixed Greens Wheat Bread Fresh Fruit Milk Margarine	<u>12/17/2020</u> Chicken Salad Garbanzo Bean Salad Lettuce and Tomato Slice Pita Bread Fresh Fruit Orange Juice Ranch Dressing	<u>12/18/2020</u> Beef Italian Mac Herbed Green Beans Tossed Salad Dinner Roll Hot Spiced Apples Milk Margarine Ranch Dressing
<u>12/21/2020</u> Chopped Steak with Gravy Delmonico Potatoes Mixed Vegetables Dinner Roll Peaches and Pineapple Milk Margarine	<u>12/22/2020</u> Chicken Tetrizzini Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Orange Juice Margarine	<u>12/23/2020</u> Meatballs with Gravy Black eyed Peas Mustard Green Dinner Roll Fresh Fruit Milk Margarine	<u>12/24/2020</u> Glazed Ham Au Gratin Potatoes Green Beans Amandine Dinner Roll Fluffy Fruit Salad Orange Juice Margarine	
<u>12/28/2020</u> Beef with Mushroom Gravy Whipped Potatoes Okra and Tomatoes Dinner Roll Applesauce Milk Margarine	<u>12/29/2020</u> Cheese Omelet Grits Spinach Biscuit Mixed Fruit Orange Juice Margarine Jelly	<u>12/30/2020</u> Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Wheat Roll Fresh Fruit Milk Margarine	<u>12/31/2020</u> Tuna Mac Salad Cole slaw Green Pea Salad Saltines Fresh Fruit Orange Juice	<p>We care about you!</p> <p>Call 807-1257</p> <p>To suspend or resume services</p>

Meals on Wheels meals may contain one or more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.