

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>We care about you!</b></p> <p><b>Call 807-1257</b></p> <p><b>To suspend or resume services</b></p>			<p><b>10/1/2020</b> Fiesta Chicken Yellow Rice Collard Greens Dinner Roll Fresh Fruit Orange Juice Margarine</p>	<p><b>10/2/2020</b> Beef Stroganoff Lima Beans Parsley Carrots Wheat Bread Fresh Fruit Milk Margarine</p>
<p><b>10/5/2020</b> Beef with Mushroom Gravy Whipped Potatoes Okra and Tomatoes Dinner Roll Applesauce Milk Margarine</p>	<p><b>10/6/2020</b> Cheese Omelet Grits Spinach Biscuit Mixed Fruit Orange Juice Margarine Jelly</p>	<p><b>10/7/2020</b> Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Wheat Roll Fresh Fruit Milk Margarine</p>	<p><b>10/8/2020</b> Tuna Mac Salad Cole slaw Green Pea Salad Saltines Fresh Fruit Orange Juice</p>	<p><b>10/9/2020</b> Oven Fried Chicken Thigh Lima Beans Turnip Greens Corn bread Fresh Fruit Milk Margarine</p>
<p><b>10/12/2020</b> Beef Chili Mac Whole Kernel Corn Green Beans Saltines Dice Pears Milk Margarine</p>	<p><b>10/13/2020</b> Chicken and Rice Casserole Broccoli Parmesan Tomatoes Dinner Roll Fresh Fruit Orange Juice Margarine</p>	<p><b>10/14/2020</b> Lemon Pepper Fish Grits Country Vegetable Dinner Roll Fresh Fruit Milk Margarine</p>	<p><b>10/15/2020</b> BBQ Chicken Thigh Field Peas Collard Greens Corn Bread Fresh fruit Orange Juice Margarine</p>	<p><b>10/16/2020</b> Hamburger Baked Beans Lettuce and tomato Bun Mixed Fruit Cobbler Milk Mustard and Ketchup</p>
<p><b>10/19/2020</b> Baked Chicken Breast With Gravy Garlic Whipped Potatoes Spring Vegetable Wheat Bread Tropical Fruit Milk Margarine</p>	<p><b>10/20/2020</b> White beans with Turkey Ham Buttered Rice Squash and Tomatoes Dinner Roll Fresh Fruit Orange Juice Margarine</p>	<p><b>10/21/2020</b> Creole Steak Hash brown Casserole Mixed Greens Wheat Bread Fresh Fruit Milk Margarine</p>	<p><b>10/22/2020</b> Chicken Salad Garbanzo Bean Salad Lettuce and Tomato Slice Pita Bread Fresh Fruit Orange Juice Ranch Dressing</p>	<p><b>10/23/2020</b> Beef Italian Mac Herbed Green Beans Tossed Salad Dinner Roll Hot Spiced Apples Milk Margarine Ranch Dressing</p>
<p><b>10/26/2020</b> Chopped Steak with Gravy Delmonico Potatoes Mixed Vegetables Dinner Roll Pineapple Tidbits Milk Margarine</p>	<p><b>10/27/2020</b> Chicken Tetrizzini Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Orange Juice Margarine</p>	<p><b>10/28/2020</b> Meatballs with Gravy Black eyed Peas Mustard Green Dinner Roll Fresh Fruit Milk Margarine</p>	<p><b>10/29/2020</b> Pork Sausage Link Lima Beans California Vegetables Hot Dog Bun Applesauce Orange Juice Mustard</p>	<p><b>10/30/2020</b> Garlic Rosemary Chicken Whipped Sweet Potatoes Green Peas Dinner Roll Fresh Fruit Milk Margarine</p>

Meals on Wheels meals may contain one or more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.