


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>3/2/2020</u> Beef Stroganoff Whole Kernel Corn Brussels Sprouts Wheat Bread Applesauce Milk Margarine</p>	<p><u>3/3/2020</u> Honey Baked Chicken Cheesy Whipped Potatoes Green Beans Wheat Roll Mixed Fruit Orange Juice Margarine</p>	<p><u>3/4/2020</u> Sausage and White Beans Glazed Carrots Turnips Greens Cornbread Fresh Fruit Milk Margarine</p>	<p><u>3/5/2020</u> Hamburger Baked Beans Sliced Lettuce and Tomatoes Bun Mixed Fruit Cobbler Orange Juice Mustard and Ketchup</p>	<p><u>3/6/2020</u> Cheese Omelet Grits Spinach Biscuit Fresh Fruit Milk Margarine Jelly</p>
<p><u>3/9/2020</u> Chicken Tetrzzini Green Peas Parsley Carrots Wheat Roll Mixed Fruit Milk Margarine</p>	<p><u>3/10/2020</u> Beef with Onion Gravy Whipped Potatoes Cabbage Wheat Bread Strawberry Applesauce Orange Juice Margarine</p>	<p><u>3/11/2020</u> Lemon Pepper Fish Grits California Vegetable Dinner Roll Fresh fruit Milk Margarine</p>	<p><u>3/12/2020</u> Chicken Salad Garbanzo Bean Salad Lettuce and Tomato Slice Pita Bread Fresh Banana Orange Juice</p>	<p><u>3/13/2020</u> Beef Chili Mac Whole Kernel Corn Green Beans Cornbread Fresh Fruit Milk Margarine</p>
<p><u>3/16/2020</u> Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Wheat Bread Tropical Fruit Milk Margarine</p>	<p><u>3/17/2020</u> Shepherd's Pie Cabbage Parmesan Tomatoes Dinner Roll Lime gelatin Milk Margarine</p>	<p><u>3/18/2020</u> Sausage Baked Beans Cole Slaw Hot Dog Bun Apple Crisp Milk Mustard and Mayo</p>	<p><u>3/19/2020</u> Creole Steak Delmonico Potatoes Mustard Greens Wheat Bread Fresh Fruit Orange Juice Margarine</p>	<p><u>3/20/2020</u> Chicken and Rice Casserole Green Peas Garden Vegetable Wheat Bread Fresh Fruit Milk Margarine</p>
<p><u>3/23/2020</u> Mushroom Chicken Whipped Potatoes Broccoli Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p><u>3/24/2020</u> Meatballs with Gravy Buttered Rice Green Beans Wheat Roll Fresh fruit Orange Juice Margarine</p>	<p><u>3/25/2020</u> Spaghetti Casserole Succotash Tossed Salad Wheat Bread Hot Cinnamon Apples Milk Ranch Dressing</p>	<p><u>3/26/2020</u> Tuna Mac Salad Carrot and Raisin Salad Kidney Bean Salad Saltines Fresh Banana Orange Juice</p>	<p><u>3/27/2020</u> BBQ Chicken Thigh Black Eyed Peas Collard Greens Cornbread Fresh Fruit Milk Margarine</p>
<p><u>3/30/2020</u> Chicken Noodle Casserole Glazed Carrots Brussels Sprouts Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p><u>3/31/2020</u> Meatballs with Gravy Delmonico Potatoes Garden Vegetables Wheat Roll Fresh fruit Orange Juice Margarine</p>			<p>We care about you!</p> <p>Call 807-1257</p> <p>To suspend or resume services</p>

Meals on Wheels meals may contain one or more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.