



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>9/2/2019</u></p>  <p>LABOR DAY</p>	<p><u>9/3/2019</u></p> <p>Cheese Omelet Grits Spinach Biscuit Fresh Seasonal Fruit Orange Juice Margarine Jelly</p>	<p><u>9/4/2019</u></p> <p>Beef Patty With Mushroom Gravy Whipped Potatoes Green Beans Wheat Bread Fresh Seasonal Fruit Milk Margarine</p>	<p><u>9/5/2019</u></p> <p>BBQ Chicken Thigh Black-eyed Peas California Vegetables Wheat Roll Fresh Seasonal Fruit Orange Juice Mayonnaise</p>	<p><u>9/6/2019</u></p> <p>Beef Stroganoff Lima Beans Parsley Carrots Wheat Bread Mandarin Oranges Milk Margarine</p>
<p><u>9/9/2019</u></p> <p>Creole Steak Delmonico Potatoes Squash, Zucchini and Tomatoes Dinner Rolls Diced Pear Milk Margarine</p>	<p><u>9/10/2019</u></p> <p>Oven Fried Chicken Thigh Field Peas Turnip Greens Cornbread Fresh Seasonal Fruit Orange Juice Margarine</p>	<p><u>9/11/2019</u></p> <p>Meatballs & Gravy Baked Potatoes Spiced Carrots Dinner Roll Peaches and Pineapple Milk Margarine</p>	<p><u>9/12/2019</u></p> <p>Tuna Mac Salad Broccoli Salad Tossed Salad Saltines Fresh Seasonal Fruit Orange Juice Ranch Dressing</p>	<p><u>9/13/2019</u></p> <p>Chicken and Broccoli Rice Casserole Green Peas Whole Kernel Corn Whole Grain Bread Fresh Seasonal Fruit Milk Margarine</p>
<p><u>9/16/2019</u></p> <p>Baked Chicken Breast with Gravy Whipped Potatoes & Skins Spring Vegetables Wheat Bread Mandarin Oranges and Pineapple Milk Margarine</p>	<p><u>9/17/2019</u></p> <p>Salisbury Steak Butter Beans Country Vegetables Dinner Rolls Fresh Seasonal Fruit Orange Juice Margarine</p>	<p><u>9/18/2019</u></p> <p>Lemon Pepper Chicken Thigh Mashed Spiced Yams Mixed Greens Wheat Bread Fresh Seasonal Fruit Milk Margarine</p>	<p><u>9/19/2019</u></p> <p>Sausage with Peppers and Onion with Bun Mixed Beans Cabbage Applesauce Orange Juice Mustard and Mayonnaise</p>	<p><u>9/20/2019</u></p> <p>Italian Beef Macaroni Country Corn Italian Green Beans Dinner Roll Fresh Seasonal Fruit Milk Margarine</p>
<p><u>9/23/2019</u></p> <p>Beef Fiesta Mac Whole Kernel Corn Green Beans Dinner Roll Pineapple Tidbits Milk Margarine</p>	<p><u>9/24/2019</u></p> <p>Savoy Chicken Thigh Whipped Potatoes Collard Greens Cornbread Fresh Seasonal Fruit Orange Juice Margarine</p>	<p><u>9/25/2019</u></p> <p>Hamburger with bun Hawaiian Baked Beans Lettuce and tomato Fruit Cobbler Milk Mustard and Ketchup</p>	<p><u>9/26/2019</u></p> <p>Chicken Salad Garbanzo Bean Salad Lettuce and Tomato Slice Pita Bread Fresh Fruit Orange Juice Ranch Dressing</p>	<p><u>9/27/2019</u></p> <p>Turkey Ham with White Beans Mixed Vegetables Cabbage Wheat Bread Fresh Seasonal Fruit Milk Margarine</p>
<p><u>9/30/2019</u></p> <p>Meatballs with gravy Whipped Potatoes Cabbage Wheat Roll Mandarin Oranges & Pineapple Milk Margarine</p>	 <p>SEPTEMBER</p>			<p>We care about you!</p> <p>Call 807-1257</p> <p>To suspend or resume services</p>

Meals on Wheels meals may contain one of more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.