



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>We care about you!</p> <p>Call 807-1257</p> <p>To suspend or resume services</p>				<p><u>2/1/2019</u> Hamburger and Bun Hawaiian Baked Beans Lettuce and Tomato Slice Fruit Cobbler Milk Mustard</p>
<p><u>2/4/2019</u> Hamburger Steak with Pepper Gravy Brown Rice Cabbage Wheat Bread Strawberry Applesauce Milk Margarine</p>	<p><u>2/5/2019</u> Chicken Tetrizzini Spinach Summer Squash and Tomato Medley Parker House Roll Pears Orange Juice Margarine</p>	<p><u>2/6/2019</u> Breaded Pollock Butter Beans Glazed Carrots Wheat Bread Mandarin Oranges and Pineapple Milk Tartar Sauce</p>	<p><u>2/7/2019</u> Garlic Rosemary Chicken Thigh Country Potatoes Broccoli, Corn & Carrots Parker House Roll Fresh Fruit Orange Juice Margarine</p>	<p><u>2/8/2019</u> Beef Chili Mac Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk Margarine</p>
<p><u>2/11/2019</u> Meatloaf with Onion Gravy Whipped Potatoes Peas and Carrots Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p><u>2/12/2019</u> Chicken Alfredo Whole Kernel Corn Italian Vegetables Dinner Roll Peaches Orange Juice Margarine</p>	<p><u>2/13/2019</u> Beef Stew Buttered Rice Brussels Sprouts Tossed Salad with Cucumber & Tomato Banana Milk Ranch Dressing</p>	<p><u>2/14/2019</u> Chicken Salad Garbanzo Bean Salad Lettuce and Tomato Slice Pita Bread Fresh Seasonal Fruit Orange Juice</p>	<p><u>2/15/2019</u> Smothered Chicken Thigh Black Eyed Peas Mixed Greens Dinner Roll Fresh Fruit Milk Margarine</p>
<p><u>2/18/2019</u></p> 	<p><u>2/19/2019</u> Beef and Rice Casserole Creamy Country Corn Green Beans Parker House Roll Fresh Fruit Orange Juice Margarine</p>	<p><u>2/20/2019</u> Sausage and White Beans Glazed Carrots Spinach Dinner Roll Fresh Fruit Milk Margarine</p>	<p><u>2/21/2019</u> Lemon Pepper Chicken Thigh Baked Northern Beans Stewed Tomatoes Wheat Bread Cinnamon Apples Orange Juice Margarine</p>	<p><u>2/22/2019</u> Spaghetti Casserole Green Peas Tossed Salad with Cucumber & Tomato Wheat Bread Fruit Cobbler Milk Italian Dressing</p>
<p><u>2/25/2019</u> <u>Meatball Sub</u> Zesty Meatballs and Bun Oven Roasted Potatoes Green Beans Pineapple Tidbit Milk</p>	<p><u>2/26/2019</u> Chicken Chili Whole Kernel Corn Sliced Carrots Dinner Roll Applesauce Orange Juice Margarine</p>	<p><u>2/27/2019</u> BBQ Chicken Thigh Whipped Potatoes Collard Greens Cornbread Banana Milk</p>	<p><u>2/28/2019</u> Tuna Mac Salad Tossed Salad with Cucumber & Tomato Broccoli Slaw Saltines Fresh Seasonal Fruit Orange Juice Ranch Dressing</p>	<p><u>3/1/2019</u> Hamburger and Bun Hawaiian Baked Beans Lettuce and Tomato Slice Fruit Cobbler Milk Mustard</p>

Meals on Wheels meals may contain one or more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.