

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>We care about you!</p> <p>Call 807-1257</p> <p>To suspend or resume services</p>	<p><u>11/1/2018</u> <u>Hot Dog</u> Frankfurter on Bun Roasted Potatoes Baked Beans Confetti Cole Slaw Tropical Fruit Salad Orange Juice Mustard</p>	<p><u>11/2/2018</u> Tilapia Almandine Corn Zucchini and Summer Squash Medley Whole Grain Bread Fresh Orange Half Milk Margarine</p>
<p><u>11/5/2018</u> Chicken Chili Glazed Sweet Potatoes Corn Dinner Roll Pears Milk Margarine</p>	<p><u>11/6/2018</u> <u>Meatball Sub</u> Meatballs in Marinara with Bun Pinto Beans Seasoned Greens Banana Orange Juice</p>	<p><u>11/7/2018</u> Chicken Rice Casserole Italian Green beans Herb Glazed Carrots Corn Muffin Pineapple and Oranges Milk Margarine</p>	<p><u>11/8/2018</u> <u>Turkey Sandwich</u> Turkey & Cheese on Bun Creamy Cole Slaw Lettuce & Tomato Mixed Fruit Orange Juice Mayonnaise</p>	<p><u>11/9/2018</u> Chicken Marsala Garlic Mashed Potatoes Italian Vegetables Whole Grain Bread Seasonal Fresh Fruit Milk Margarine</p>
<p><u>11/12/2018</u> Fettuccine Alfredo with Chicken and Broccoli Yellow Squash with Onion Whole Grain Bread Warm Fruit Compote Milk Margarine</p>	<p><u>11/13/2018</u> Pot Roast Risotto w/ Peas & Mushrooms Scalloped Tomatoes Whole Grain Bread Peaches Orange Juice Margarine</p>	<p><u>11/14/2018</u> Herb Chicken Breast Baked Sweet Potato Half French Cut Green Beans Whole Grain Bread Tropical Fruit Cup Milk Margarine</p>	<p><u>11/15/2018</u> Tuna Mac Salad Garden Romaine Salad Broccoli Slaw Saltines Fresh Seasonal Fruit Orange Juice Ranch Dressing</p>	<p><u>11/16/2018</u> <u>Breakfast for Lunch</u> Egg Frittata Buttered Grits Spinach WW English Muffin Pineapple Milk Margarine</p>
<p><u>11/19/2018</u> Beef with Broccoli Brown Rice Oriental Vegetables Whole Grain Bread Tropical Fruit Salad Milk Margarine</p>	<p><u>11/20/2018</u> Honey Chicken Mashed Potatoes Green Peas Dinner Roll Banana Orange Juice Margarine</p>	<p><u>11/21/2018</u> Turkey Breast and Gravy over Cornbread Dressing Maple Granola Sweet Potatoes Southern Green Beans Banana Loaf Milk Margarine</p>		<p><u>11/23/2018</u> Breaded Cod Roasted Potatoes Baby Carrots Whole Grain Bread Pears Milk Margarine</p>
<p><u>11/26/2018</u> Blackberry Dijon Chicken Breast Mashed Potatoes Collard Greens Dinner Roll Fresh Seasonal Fruit Milk Margarine</p>	<p><u>11/27/2018</u> Beef Burgundy Brown Rice with Zucchini Sugar Snap Peas Spinach and Tomato Salad Applesauce Orange Juice Ranch Dressing</p>	<p><u>11/28/2018</u> Meatloaf with Gravy Macaroni and Cheese Seasoned Broccoli Florets Dinner Roll Peaches Milk Margarine</p>	<p><u>11/29/2018</u> <u>Hot Dog</u> Frankfurter on Bun Roasted Potatoes Baked Beans Confetti Cole Slaw Tropical Fruit Salad Orange Juice Mustard</p>	<p><u>11/30/2018</u> Tilapia Almandine Corn Zucchini and Summer Squash Medley Whole Grain Bread Fresh Orange Half Milk Margarine</p>

Meals on Wheels meals may contain one or more of the following common allergens: Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts. Wheat or Soybeans.