It is truly hard to believe that we are already halfway through 2017. The staff here at Aging True continues to remain hard at work to improve and enhance the services they provide to our seniors. As I look at our progress mid-way through the year, I feel confident that we are continuing to make significant improvements and enhancements in senior care.

We have increased our volunteer base by offering new opportunities to fresh faces. Our Relatives as Parents Program of Jacksonville (RAPPJax) and our caregiver support services continue to serve those who currently dedicate much of their time, funds, and energy to caring for others. Our Meals on Wheels program is busy providing meals to more seniors in the area and am excited to soon see new volunteer drop sites added to our army of volunteers. And lastly, we have completed the renovations to the Cathedral Terrace, our independent senior living community!

There’s still much to be done this year and I cannot wait to see the fruits of our work. Keep your eyes open for further updates from us!

With appreciation and gratitude,

Teresa K. Barton, CEO

We Have a Wellness Clinic!

Supporting Senior Wellness

Aging True’s free wellness clinic, located inside the Cathedral Terrace senior residence, reopened to the benefit of our senior residents downtown.

Open on Wednesdays from 9:00 - 11:00 AM, the Cathedral Wellness Clinic is operated by our skilled nursing staff who is ready to serve. Seniors with questions about their medications, diet, or with concerns about their blood pressure and other health conditions can visit the clinic and receive care. Referrals to nearby primary care providers can also be discussed.

Aging True strives to provide all of its clients with as many opportunities to live healthily and fruitfully. For more information about the clinic, please call (904) 807-1203.

Upcoming EVENTS

July 22 - Relatives as Parents Program of Jacksonville’s (RAPPJax) 3rd Annual Retreat, UNF University Center
10000 Alumni Road, Jacksonville, FL

August 19 - A ‘Grand’ Affair Fundraiser benefiting the Relatives as Parents Program of Jacksonville (RAPPJax)
303 North Laura Street, Jacksonville, FL

For more information about any of the above events, please call (904) 807-1307.

Send this information to me at Teresa.K.Barton@AgingTrue.org

NEW Directions

Providing essential and innovative services and care for individuals, families and communities throughout Northeast Florida to prepare for and support graceful aging.

SENTIMENTS FROM OUR CEO

It is truly hard to believe that we are already halfway through 2017. The staff here at Aging True continues to remain hard at work to improve and enhance the services they provide to our seniors. As I look at our progress mid-way through the year, I feel confident that we are continuing to make significant improvements and enhancements in senior care.

We have increased our volunteer base by offering new opportunities to fresh faces. Our Relatives as Parents Program of Jacksonville (RAPPJax) and our caregiver support services continue to serve those who currently dedicate much of their time, funds, and energy to caring for others. Our Meals on Wheels program is busy providing meals to more seniors in the area and am excited to soon see new volunteer drop sites added to our army of volunteers. And lastly, we have completed the renovations to the Cathedral Terrace, our independent senior living community!

There’s still much to be done this year and I cannot wait to see the fruits of our work. Keep your eyes open for further updates from us!

With appreciation and gratitude,

Teresa K. Barton, CEO

Donate Now to Make a Difference

Your contribution will assist in maintaining and enhancing Aging True’s current programs and services so that we may better serve seniors in our community.

For more information on how you can donate, please call 904.807.1307 or visit www.AgingTrue.org to make a secure online contribution.
Downtown Cathedral Terrace Residence Renovations Finalized

One of three senior residences owned by Aging True, the Cathedral Terrace now sparkles in its warm, modern trappings!

Home to 250 senior and/or disabled residents, the Cathedral Terrace has long been a residential staple for Jacksonville’s downtown community. Renovations throughout the building and in every unit were finalized early in 2017, bringing a fresh, vibrant atmosphere to the decades-old building!

Modern, comfortable furniture, along with an updated entertainment room, have converted the first floor of the building. Individual units sport new kitchen appliances, marble window molding, updated bathrooms with handicap-accessible modifications, and new wood floors! While the renovation process was arduous, we thank each of our residents for their patience and flexibility.

On June 29th, Aging True, in partnership with managerial company Blue Sky Communities, held a rededication ceremony for the Cathedral Terrace. Speeches were made and, amongst applause, ribbons were cut! We at Aging True hope to continue providing our clients and residents with superior services and accommodations. It’s our honor to support their quality of life!

Join Us for A ‘Grand’ Affair—An Afternoon Tea, benefiting our Relatives as Parents Program of Jacksonville (RAPPJax)!

You are invited to join us on August 19th, at the main library in downtown Jacksonville, Aging True for our inaugural RAPPJax fundraiser. Gentleman tuck your pocket squares and ladies don your pearls or a fun spin on the traditional afternoon tea! Spend the afternoon sampling exotic teas and decadent treats and participate in multiple chance drawings, all while benefiting this worthy community program.

*Eligible proceeds from the event will be matched by the Delores Barr Weaver Fund.

RAPPJax aids seniors who are the primary caregivers for children, providing the seniors with services ranging from support groups to trainings and access to additional resources. On average, RAPPJax senior participants are responsible for two children, with the average child being 8 years old. This local community program provides the grandparents with services and accommodations. It’s our honor to support their quality of life!

Our new telephone reassurance program seeks to reach out to every Aging True client—but we need fresh faces (and voices!) to effectively connect regularly with our seniors.

Aging True is excited to announce a promising and much-needed volunteer service for our clients! Since May, a Telephone Reassurance Program (TRP) has been instituted to serve as a way to check in with each of our clients, individually, and assure that they are receiving all of the aid necessary. The program also serves as a way to open the lines of communication to discuss clients’ concerns and ways to improve their quality of life. Most importantly, telephone reassurance serves to ultimately provide positive connections for our seniors who are desperately in need of increased social interaction. Currently, volunteers call clients to check on their well-being by administering quality surveys, offering birthday wishes and other simple gestures that let our seniors know they are still a vital and essential part of the community.

As we are looking to expand the scope of our program’s service, we are actively seeking volunteers for this new initiative. Volunteers are needed at our 4250 Lakeside Drive offices, Monday through Friday, 10:00am-4:00pm, and must undergo a background screening as well as volunteer training to be involved in the program. Background screening costs are covered by Aging True, and TRP volunteers report to our Lakeside office to complete volunteer shifts. As representatives of Aging True, we also encourage our volunteers to spend as much time conversing with clients as they feel is comfortable or appropriate. For some of our clients, this conversation may be the only one they have all day. We are thankful for the commitment our current volunteers have toward the program, and have already begun to see the benefits of this service for the clients we have reached!

Please contact Jacinda Legons, Volunteer Coordinator at 904-807-1266 or jlegons@agingtrue.org for more information.

Weekday Volunteers Needed!

Looking for a Team-building Volunteer Opportunity for Your Business?

Aging True’s Cathedral Café, located inside the Cathedral Terrace senior residence on 701 North Ocean Street, serves free lunch to our senior residents every Tuesday through Thursday. The food is cooked fresh daily and served cafeteria-style by a team of dedicated volunteers to seated residents. Volunteers are needed to work from 11:00 am to 1:00 pm and are encouraged to socialize with our lively seniors. Groups of 3 to 4 volunteers per day are suggested. If you have groups of employees that wish to volunteer, we would love to have you!!

Our corporate volunteers include the Navy, 1st Class Carriers, JEA, and Stein Mart — if you are interested in being part of this elite group, please call Rosa Rivera at (904) 807-1307 or send an email to rrivera@agingtrue.org.