Can you believe it’s June and we are already half way through the year? I guess the old saying, time flies when you are having fun is true because we are having a great time here at Aging True. This has really been an awesome first half of the year and we owe much of it to the wonderful volunteers who have supported our organization.

That is why we have taken this quarter’s newsletter to spotlight our volunteers. Specifically, our R.E.L.I.E.F program participants and volunteers at St. Andrews Episcopal Church, one of our Meals on Wheels drop site partners. If not for the kindness and commitment of these wonderful individuals, much of what we do would not be possible. They provide companionship, respite and a warm and smiling face for thousands of seniors in our community every year. We cannot express our appreciation and thanks enough. They are invaluable and demonstrate a level of commitment to Aging True like no other!

Please join me in saluting this special group of individuals. Also, please take a moment to learn how YOU too can become a V.I.P. (Very Important Partner) for Aging True!

Most Sincerely,

Teresa K. Barton
Chief Executive Officer

Join us for our 25th Annual Golf Classic to benefit Meals on Wheels!

All proceeds will help ensure we are continuing to feed home-bound and isolated seniors in our communities.

Call the Development Office at 904.807.1307 for more information on sponsorships or player registration.

Save the Date!

Tuesday, October 6, 2015
11:00 a.m. Registration & Lunch
12:30 p.m. Shot Gun Shot
Hidden Hills Country Club

World Elder Abuse Awareness Day event at Jim Fortuna Senior Center
Caregiver Conference
Schultz Center for Training and Leadership
Miss Senior Jacksonville Pageant
FSCJ Kent Campus
Grandparents Day
Veterans Caregiver Conference
WJCT Studios
Swing On By
25th Annual Golf Classic Celebration
Aging True’s 25th Annual Golf Classic to benefit Meals on Wheels

Please visit www.AgingTrue.org/events for more information.

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Teresa K. Barton, CEO, Aging True

4250 Lakeside Drive
Suite 116
Jacksonville, FL 32210

Please consider supporting Aging True. Your contribution will assist in maintaining and enhancing Aging True’s programs and services so that we may better serve seniors in our community.

Mail your gift to Aging True, Attn: Development, 4250 Lakeside Drive, Suite 116, Jacksonville, FL 32210, visit www.AgingTrue.org to make a secure online contribution, or call 904.807.1307 for more information.

How to Make a Difference

Providing essential and innovative services and care for individuals, families and communities throughout Northeast Florida to prepare for and support graceful aging.

Sentiments from Our CEO

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Most Sincerely,

Teresa K. Barton
Chief Executive Officer
A typical day starts at 10:00 a.m. with the delivery of any concerns about our clients. Each volunteer drop site, like Westconnett, coordinates volunteer schedules, completes proper documentation of meal delivery, records volunteer hours and lets us know of any concerns about our clients.

A typical day starts at 10:00 a.m. with the delivery of meals from an Aging True Meals on Wheels driver. Once the meals arrive at St. Andrews, the volunteers will transfer the meals into a cooler to ensure proper food temperature. They receive their route book, showing which Aging True clients will receive a meal, and then they’re off to deliver the meals in the community!

Drop sites have anywhere from 10 to 50 clients, depending on the area of town and how many meals they’re able to deliver. The meals are delivered Monday - Friday, with the exception of certain holidays.

“Without the help of our community’s volunteers, Aging True would not be able to serve the 800 home-bound and isolated seniors in our community a daily hot meal or provide a personal safety check.” said Nicole Kirkpatrick, Meals on Wheel Program Director.

Sometimes, the volunteer is the only visitor our clients will see all day and this daily interaction is pivotal and provides much needed and appreciated social interaction and vitality.

The waiting list for Meals on Wheels is currently over 900. We are seeking to add more volunteer drop sites, primarily focused in the Northside and Mandarin parts of town. Please contact Jessica Cmar at 904.807.1266 if your church, organization or civic group is interested in learning more about becoming a volunteer drop site!

Help us continue to combat senior hunger!

Learn about being a R.E.L.I.E.F. participant!

Mr. and Mrs. Robert Reiman are clients with Aging True’s Respite in Everyday Families (R.E.L.I.E.F.) program. The program offers caregivers with a much-needed break in their day for short amounts of time by providing respite services at no cost to the client.

Mr. and Mrs. Robert Reiman moved from upstate New York to Jacksonville about 10 months ago and did not know anyone besides their son. Mr. Reiman decided that his husband could benefit from a companion. After some research, Mrs. Reiman called Aging True looking for some help. Since Mrs. Reiman is a full-time caregiver – 24 hours a day – she realized that she needed some time for herself, so Mr. Reiman was placed in the R.E.L.I.E.F. program.

“I want to take care of my husband as long as I can,” said Mrs. Reiman, “with the volunteer I can go out and run errands, go to church and socialize with my family. It’s makes me very happy.”

Dalton Ferguson, former military, has not been participating with the R.E.L.I.E.F. program for long. “My wife told me I should volunteer with Aging True,” said Mr. Ferguson jokingly, “so that’s what I did.” He says his client is a joy to be with because they have similar interests, he’s easy to talk to, and they can chat about “the good ole days.” Mr. Ferguson enjoys being helpful and appreciated by the Reiman’s, and has found great joy in doing this type of volunteering.

Mr. Reiman and Mr. Ferguson take daily walks to the P.O. Box, which aids in Mr. Reiman’s exercise. Also, Mr. Reiman has shared his hobby of talking to people all over the world using his hand radio with Mr. Ferguson. It’s something he’s enjoyed since he was 13 years old and loves sharing it. The Reiman’s are going back to New York for the summer, but hope to reunite with their beloved R.E.L.I.E.F. companion, Mr. Ferguson, upon their return.

To learn more about how can you become a R.E.L.I.E.F. participant, or to get more information on the program, please call Francine Castillo at 904.807.1239.