Hello and Happy 2015! I'm sure by now your New Year is in full swing. It surely is here at Aging True. After a wonderful holiday season made possible by the generosity of community volunteers we have jumped right into what is going to be a busy year.

With the growing population of seniors in our community, Aging True remains committed to providing vital services and programs for seniors and their families. In addition to the latest happenings at Aging True, in this edition of New Directions, we are pleased to spotlight our grandparent’s program, RAPPJax. As most people know, raising children is not an easy task and it is even more difficult when you are older, facing health issues and sometimes financial strains.

RAPPJax is just one of the many programs offered by Aging True that provide assistance to seniors and their families. Look inside this quarter’s New Directions to learn more about RAPPJax and all that is going on at Aging True.

Also, think about how you too can get involved in helping to meet the growing needs of seniors in our community. We would love to have you join in our efforts to ensure senior independence!

Please visit www.AgingTrue.org/events.html for more information.

VOLUME 01 | ISSUE 02
NEW Directions

Providing essential and innovative services and care for individuals, families and communities throughout Northeast Florida to prepare for and support graceful aging.

SENTIMENTS FROM OUR CEO

Hello and Happy 2015! I'm sure by now your New Year is in full swing. It surely is here at Aging True. After a wonderful holiday season made possible by the generosity of community volunteers we have jumped right into what is going to be a busy year.

With the growing population of seniors in our community, Aging True remains committed to providing vital services and programs for seniors and their families. In addition to the latest happenings at Aging True, in this edition of New Directions, we are pleased to spotlight our grandparent’s program, RAPPJax. As most people know, raising children is not an easy task and it is even more difficult when you are older, facing health issues and sometimes financial strains.

RAPPJax is just one of the many programs offered by Aging True that provide assistance to seniors and their families. Look inside this quarter’s New Directions to learn more about RAPPJax and all that is going on at Aging True. Also, think about how you too can get involved in helping to meet the growing needs of seniors in our community. We would love to have you join in our efforts to ensure senior independence!

HOW TO MAKE A DIFFERENCE

Please consider supporting Aging True. Your contribution will assist in maintaining and enhancing Aging True’s programs and services so that we may better serve seniors in our community.

Mail your gift to Aging True, Attn: Development, 4250 Lakeside Drive, Suite 116, Jacksonville, FL 32210, visit www.AgingTrue.org to make a secure online contribution, or call 904.807.1307 for more information.
Holiday Volunteers Were in Full Force

The holidays are always a busy and fun time at Aging True Community Senior Services! Whether it's one of our annual holiday volunteer events or a new project – we are thankful and appreciative of our community partnerships.

November and December features our largest Meals on Wheels volunteer events thanks to the Thanksgiving and Christmas Day holidays. For 21 years we have partnered with St. Vincent's Healthcare – Riverside and North Florida Transportation for the Thanksgiving Day meal delivery. 50 taxis and 100 volunteers came out early Thanksgiving morning to help cook, package and deliver meals to 500 Meals on Wheels clients.

Christmas morning was spent with our friends at Congregation Ahavath Chesed and The Jacksonville Jewish Center. For the past 27 years, volunteers from these two temples have prepared nearly 500 meals on Christmas Eve to deliver on Christmas morning.

The Thanksgiving and Christmas Day meal deliveries were made complete with thoughtful holiday cards decorated by students from Crystal Springs Elementary School, Big Brothers Big Sisters, Empowerment Resources and local girl scouts.

VOLUN-CHEER

Aging True clients who typically would not receive a stocking or gifts for the Christmas holiday received a special treat thanks to the Jacksonville Bar Association and the Southside Women’s Club. For over 20 years, the Jacksonville Bar Association has sponsored a Senior Holiday Project and the Southside Women’s Club knitted homemade stockings, stuffed with toiletry items. With help from Aging True client wish lists, 48 attorneys and law firms hand-delivered gifts to 314 seniors and an additional 120 seniors received the special homemade stockings.

The fun didn’t stop there… Subaru retailers and Meals on Wheels of America have worked together since 2008 to raise money through their “Share the Love” event. Locally, Aging True partnered with Subaru of Jacksonville associates as they delivered meals to clients in early December.

We are honored to recognize and celebrate these amazing volunteers, companies, civic groups, non-profits and religious entities. We could not ask for a better volunteer support program and are excited for what 2015 will bring!

Holiday Recap Continued

Our seniors’ pets were not forgotten this past holiday season either! Dog Wood Park selected Aging True’s Pet Meals on Wheels program as their charity of the month for both November and December! With their generous donations of over100 bags and cans of dog and cat food, we are able to ensure our seniors canine and feline family members are fed!

We thank Winn-Dixie and the Bi-Lo Holding Foundation for taking an active role in our community and supporting Meals on Wheels. Your generosity is greatly appreciated!